

Carolyn S. Stroebe, Ph.D.
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- **Psychotherapy:** Evidenced-based Treatments & Custom Techniques for Individuals and Families.
- **Psychological Consulting, Research & Assessment:** Practical Solutions for Individuals & Organizations
- **Teaching/Consulting & Writing:** Adjunct Professor/ Instructor; Clinical Supervisor; Writer/Editor.

Psychological Issues/Problem Areas

- Grief/Loss
- Diversity issues (e.g., Racial, Cultural, GLBTQ: sexual orientation & gender identity)
- Anxiety (general & re specifics e.g., medical procedures)
- Interpersonal Communication Difficulties
- Blocks to Creativity & Productivity
- Infertility/Adoption
- Conflict Resolution
- Corporate Issues: Public Affairs. Marketing/Advertising. Employee Relations

Psychological Techniques

- Custom designed for the unique individual & family
- Cognitive-Behavioral, Humanistic., Psychodynamic
- Meditation
- Imagery, Hypnosis, Art & Music Therapy
- Clinical & Personality Assessment
- Family therapy
- Health Psychology; Mind-Body Medicine
- Brainstorming & Focus Groups

--Education/Honors--

Ph.D., M.S. in Psychology--University of California, Santa Cruz (1982,1980).

- Recipient, University of California Graduate Fellowship & Chancellors' Patent Fund Awards.
- Finalist, Woodrow Wilson National Fellowship.

B.A. in Psychology--University of California, Berkeley (1976).

- Phi Beta Kappa; Nominee, Warner Brown Memorial Prize.
- Distinction in General Scholarship (GPA =3.8); High Honors in Psychology (GPA=3.9).

Post-Doctoral Coursework/Certification

- University of California, Berkeley – Clinical courses
- Clinical Hypnotherapist & Master Hypnotist in Clinical & Ericksonian Hypnotherapy (CA)
- EMDR practitioner -trained by Francine Shapiro
- Mediation Certificate – Center for Understanding in Conflict; former Center for Mediation & Law

Professional Associations— Past and Present Affiliations

- American Psychological Association (member since 1977/1982).
Divisions: APA Practice Organization (Psychologists in Independent Practice); International Psychology; Society of Consulting Psychology; Society for Personality and Social Psychology; Society of Psychological Hypnosis; Society for General Psychology; Society for Family Psychology; Health Psychology; Society for the Psychology of Aesthetics, Creativity & the Arts; Society for the Psychology of Women; Society for the Psychological Study of Lesbian, Gay, Bisexual & Transgender Issues; Division of Psychotherapy; Society for Technology & Psychology
- -California State & County Psychological Associations: Marin, Contra Costa; Alameda
- -Gaylesta-- the GLBT Therapist Association of the Bay Area
- -EMDRIA: EMDR International Association
- Society of Clinical and Experimental Hypnosis

Professional Experience

Consulting & Clinical

-Licensed Psychologist in private practice (1990--present)

Private practice – Telepsychology/Psychotherapy in California with individuals, couples & families, evidenced-based or individually designed (e.g., drawing from cognitive-behavioral to hypnosis/imagery to psychodynamic + other techniques selected for particular applications)

-Licensed Psychologist/Independent Consultant:

- - Consultant to (anonymous) business & organizational professionals (2021; 2022)
- - Consultant to Artificial Intelligence Therapy via SMS - X2AI, San Francisco 2016-2017.
- - Red Cross of the Bay Area (2001-2005; 2012--2014) Disaster Mental Health Team
- - Team 9/11 (World Trade Center)--American Red Cross (2001) New Jersey
- - Gaylesta, Inc. LGBTQ Psychotherapist Association of the Bay Area (1997-2005)
- - Lifestages.net (2000) Online counseling website—Assessment/development.
- - Bay Area Wellness Services, & Apogee, Inc. (1994--1998) Oakland SNFs
- -Feminist Therapy Referral Project, Berkeley (1992—2000) Referrals; Marketing Consulting.
- -Pacific Center for Human Growth, Berkeley (1992-1996) Supervision.
- -Estudillo Hospital, San Leandro (1992-1993) Work with Eating Disorders.
- -Pacific Professionals, Kentfield (1990-1991) Consulting to Business.
- -Women's Cancer Resource Center (1991) Consulting to Non-Profit Organization
- -Hospice of San Francisco (1990) Group therapy

- Psychological Assistant/Counselor (1976-1990).

- -Grief Counseling Project, Alameda County Suicide Prevention, Berkeley
- -Unitas Counseling Center, Berkeley. Personal & Pastoral counseling
- -The Sierra Clinic, San Francisco: Assessment and psychotherapy
- -R. House, Santa Rosa: Assessment of emotionally disturbed adolescents
- -Reality House West, San Francisco: Halfway house for Ex-Offenders
- -Fred Finch Youth Center, Oakland: work with emotionally disturbed adolescents

Research

-Independent Research Consultant (1986---)

- -ReputationMeasures.Com
- -San Francisco Aids Foundation.
- -Women's Philharmonic, San Francisco.
- -Chevron Corporation.
- -QED Research.
- -Charlton Research.
- -GLS Research.
- -J.L. Richards and Associates.

-Research Associate, University of California, Berkeley.

Institute of Personality & Social Research / IPSR (1998-2000).

-Research Specialist, Chevron Corporation, San Francisco (1982-1986).

Public Affairs Planning & Research,

-Research Assistant, University of California (1976-1980).

- -Psychology Clinic, Psychology Department, Berkeley
- -Family Socialization Project, Institute of Human Development, Berkeley
- -Environmental Cognition Project, Psychology Board, Santa Cruz

Professional Experience

Teaching/Consulting & Writing

-Author.

--About Muriel Rukeyser & Harry Houdini, 2022 <http://murielrukeyser.emuenglish.org/2022/02/20/a-conversation-about-muriel-rukeyser-and-harry-houdini-between/>

--Muriel Rukeyser, *Strength & Weakness* copyright 2021 <https://www.amazon.com/dp/B08WJTKJ3T>

--*Mental Health Disparities in the Lesbian-Gay-Bisexual, Transgender, or Gender Nonconforming Community: The impact of Public Policy; Definitions and Terminology.* People with Disabilities Foundation E-newsletter, Volume 40, Winter-Spring 2020

<http://www.pwdf.org/v40-lgbt-mental-health-disparities/>

<http://www.pwdf.org/v40-lgbt-terminology/>

--*Hypnosis & Healthcare* HealthForumOnline.com (2006--) Continuing Education Courses for Health Professional. <https://www.healthforumonline.com/courses/hypnosis-in-healthcare>

--forthcoming on Amazon: *Grief: Things To Do When There's Nothing To Be Done*, © 2020 Carolyn Stroebe, Ph.D.

-Adjunct Professor, Psychology Department, School of Science,
Saint Mary's College of California (Fall 2013)

Courses:

- *Introduction to Psychology (Psy1)*
- *Psychology of Personality (Psy150)*

-Writer/Consultant: American Institutes for Research, Washington DC (2010)
Author & Editor of Test items for MCAT

-Clinical Lecturer:

- Pacific Center for Human Growth: *Grief Counseling (1994)*
- Lucas Film/Industrial Light and Magic: *Communication Skills(1992)*

-Clinical Supervisor/Consultant:

- Peer Consultation (1990 to present)
- With Psychological Assistants and MFT/LCSW interns (1993-2011)
 - Private Practice
 - Pacific Center for Human Growth

-Ph.D. Dissertation-Oral Exam committee :The Wright Institute, Berkeley (1999)

- Topic: *Psychology of Racism*

-Teaching Associate, University of California, Santa Cruz (1978-1980)

Courses:

- *Theories of Personality.*
- *Individual Differences.*
- *History and Systems of Psychology.*

-Trainer-Supervisor, Chevron Corporation, San Francisco (1982-1986)

Courses:

- *Test Construction/Questionnaire Design.*
- *Marketing/Survey Research.*
- *Electronic Consumer Research*